

# AIN'T YOU GLAD

**Count:** 48    **Wall:** 4    **Level:** beginner

**Choreographer:** Teri Rogers

**Music:** **California Girls** by Gretchen Wilson



## **CROSS ROCK, RECOVER, RIGHT SIDE SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE LEFT**

- 1-2                      Cross rock right foot over left, recover back on left
- 3&4                     Step right foot to right, step left foot next to right, step right foot to right
- 5-6                     Cross rock left foot over right, recover back on right
- 7&8                     Step left foot to left, step right foot next to left, step left foot to left

## **JUMP FORWARD, CLAP, JUMP BACK, CLAP, HIP ROLLS (AROUND THE WORLD)**

- &1-2                    Jump forward on right, step left next to right, clap
- &3-4                    Jump back on right, step left next to right, clap
- 5-6                    Roll hips around from right to left shifting weight from right foot to left
- 7-8                    Roll hips around from right to left shifting weight from right foot to left

## **FORWARD SHUFFLE, ½ TURN RIGHT, FORWARD SHUFFLE, ½ TURN LEFT**

- 1&2                    Step right foot forward, step left foot next to right, step right foot forward
- 3-4                    Step forward on left, pivot ½ right
- 5&6                    Step left foot forward, step right foot next to left, step left foot forward
- 7-8                    Step forward on right, pivot ½ left

## **ROCKING CHAIR, VINE RIGHT, SCUFF**

- 1-2                    Rock forward on right foot, recover back on left
- 3-4                    Rock back on right foot, recover forward on left
- 5-6                    Step right feet to right side, step left foot crossed behind right
- 7-8                    Step right feet to right side, scuff left foot

## **ROCKING CHAIR, VINE LEFT ¼ TURN LEFT, SCUFF**

- 1-2                    Rock forward on left foot, recover back on right
- 3-4                    Rock back on left foot, recover forward on right
- 5-6                    Step left foot to left side, step right foot crossed behind left
- 7-8                    Turn ¼ left steps left foot forward, scuff right foot

## **MODIFIED JAZZ BOX**

- 1-2                    Cross right toe over left, drop heel
- 3-4                    Touch left toe back, drop left heel
- 5-6                    Touch right toe to right side, drop right heel
- 7-8                    Touch left toe next to right, drop left heel (weight on left foot)

## **REPEAT**